

La Grange, KY Ride – September 2023

Destination: [La Grange, KY](#) – aka The Kindness Capital of Kentucky

Approximate Mileage:

78 mi one way (2 – 2.5 hours) to La Grange

85 mi one way (2.25 – 2.75 hours) to Florence

Overnight: [No](#), [lunch](#) / [dinner](#)

Highlights:

- Road Warrior Sculpture - “hop on” and take a ride with Bruce
 - This sculpture depicts WWII Veteran and National Spokesperson, Dr. Bruce Heilman (1926-2019), on his Marine issue Harley Davidson motorcycle as he has traveled across the United States, including Alaska, bringing attention to the sacrifices of WWII veterans and their contribution to the democracy that we enjoy today in our nation.
- Trains on Main
 - Watch a freight train roll right down the center of Main Street. Up to 23 trains/day
 - Train Observation Tower
- Unique boutiques, restaurants, museums, and art galleries on Main Street
- Kindness Capital of Kentucky mural
- Log Cabin atop a Silo
 - The completed cabin, 12 x 12 feet, was hoisted into place in September 2013. It has a porch, lights, running water, and air conditioning, and can only be reached by a series of four ladders inside the locked silo. Taking into account its restricted access and wide field of view, it would also make an excellent survival cabin for a zombie apocalypse.



One Nineteen West Main Restaurant <https://www.onenineteenwestmain.com/> (502) 222-1246

- QA Sweet Treats <https://www.qasweettreats.com/> (hours 8am – 2pm)



When life throws you a curve – lean into it!

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Menu examples – they also have sammichs, burgers and dinner entrees

Appetizers

Potato Cupcake Bites \$5.00

Mashed Idaho potatoes, sharp cheddar & goat cheese, and country ham chunks, pattied into cute little "cupcake bites", dusted in Panko and fried up crispy & golden brown on the outside, and cheesy & soft on the inside. Sided with our tangy honey mustard dipping sauce!

Fried Green Tomatoes \$6.00

Panko dusted, golden brown & delicious, sided with our Sassy Southern dipping sauce!

Stadium Pretzel \$4.00

Large soft pretzel, served with our steaming hot jalapeno

Uniquesadillas

Adobo Chicken & Cheese Quesadilla \$12.00

Juicy adobo spiced chicken breast, sautéed onions & bell peppers, and shredded Monterey Jack & Cheddar cheese make this one tasty treat! Sided w Ranch-sour cream, fresh creamy avocado, and pico de gallo!

Fish Tacos \$11.00

I know, I know, they aren't quesadillas, but they are our seared whitefish, nestled in tender tortilla shells with lettuce, cilantro, tomatoes, shredded cheddar-Jack, and the best Baha sauce you've ever tasted!

Cheesy, Cheesy Black Bean Veggie Quesadilla \$10.00

Our deliciously spiced vegetarian black beans, shredded Monterey Jack & Cheddar cheese, goat cheese crumbles, creamy avocado, and sautéed onions & bell peppers take this One (nineteen) over the top! Buttermilk ranch-sour cream for your dipping delight!

BBQ-Baja Chicken Tacos \$11.00

Barbecued, shredded chicken breast, with cheddar-jack cheese, our creamy coleslaw, sliced red onions, and our scratch-made baja sauce! Sided with nacho cheese kettle chips!

Q&A Sweet Treats

Q&A Sweet Treats is a bakery and dessert cafe in La Grange, Kentucky.

Q&A Sweet Treats is a bakery. We specialize in freshly baked artisan breads, gourmet cookies, brownies and whoopie pies - delicious any time of day! For business groups, we fill special orders for morning or early afternoon meetings.

Breakfast - Break on your way to work for a cup of custom-blended coffee. Enjoy a breakfast scone or muffin to start the day.

Snack - Linger at our café and visit with a friend when you have time to share a pot of French press coffee. Q&A Sweet Treats is a comfortable and inviting coffee shop with free wi-fi.

Fresh Bread - When you stop in the afternoon, pick up a loaf of freshly-baked bread. Italian bread is baked daily.

Business Meetings – call us and tell us how many people you have and what time of day you want to pick up your platter or box and we'll have it ready. Our phone number is **502.265.0550**.

Come visit us! Q&A Sweet Treats is conveniently located on South First Street. Turn right into our parking lot just past Noteworthy Design Group and before you get to Main Street. You'll see our pink and white sign out front. There's plenty of free parking.



BAKERY HOURS

Get fresh rustic Italian bread every afternoon

Tuesday through Friday 7 am-3 pm

Saturday: 8 am-2 pm

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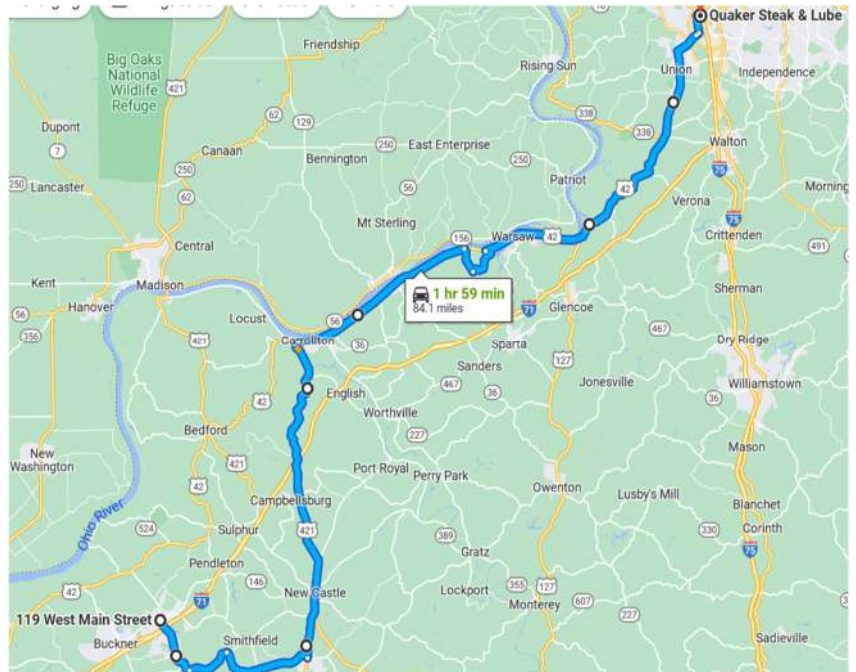
Suggested Route: To La Grange

- Mall Circle Rd
- Left on Mall Rd
- Right on US-42
- Left on Knox Lillard Rd
- Right on KY-1039
- Take ramp on right to US-42
- Left on US-42
- Left on KY-53 S / N 1st Ave
- Right on W Madison St
- Left on N 2nd Ave



To Florence

- Right on KY-53 S / S 1st Ave
- Left on HWY-22 E
- Right on W Broadway
- Left on KY-55 N / S Main St
- Right on US-42 / Highland Ave
- Right on KY-1039 S (towards 71)
- Left on Knox Lillard Rd
- Right on US-42
- Left on Mall Rd
- Right on Mall Circle Road



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